

May 7, 2022

BE PREPARED FOR YOUR RACE - PLEASE READ EVERYTHING IN THIS DOCUMENT

### RACE WEEKEND AT A GLANCE

#### **PACKET PICK-UP**

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Friday, May 6<sup>th</sup>, 2022 12:00PM – 6:00PM

#### PACKET PICK UP LOCATION

MARGARITAVILLE HOTEL NASHVILLE

FINS BAR – 4<sup>th</sup> FLOOR 425 Rep. John Lewis Way S, Nashville, TN 37203



#### **RACE DAY SCHEDULE**

Saturday, May 7, 2022

#### Start/Finish Line

Nissan Stadium, Parking Lot T 501 South 1<sup>st</sup> St, Nashville, TN 37213

7:30am: Margaritaville Run Expo Opens

8:35am: Pre-Race Warm Up

9:00am: 5K Start

10:00am: Awards Ceremony presented by Margaritaville Hotel Nashville 5:00pm: Race After Party Starts at the Margaritaville Hotel Nashville

#### NOTES FOR PACKET PICK-UP

Please plan on attending the pre-race packet pick-up on Friday, May 6<sup>th</sup>. Photo IDs are required. You may pick up for a friend if you have a copy of *their* photo ID. NO EXCEPTIONS! Race morning pick-up is discouraged, however if you are unable to pick up your packet on Friday, please reach out to <u>info@margaritavillerun.com</u>. Walk-up registration will be available at packet pick-up and race morning. The more runners, the more we raise for Signing for Change!



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### **PACKET PICK-UP**

#### **RUNNER HAPPY HOUR**

Enjoy special happy hour offerings exclusive for Margaritaville Nashville runners! Simply show your race bib on Friday at Fins bar to enjoy \$5 draft Landshark Lager or \$11 Rum Runners!

#### **CHARITY RUNNERS**

If you made a donation to Singing For Change with your registration, don't forget to pick up your charity bib at packet pick up! If you have not made a donation but would like to run with a charity bib, simply make a \$10 donation at packet pick-up to receive an additional bib that shows your support!

#### **PARKING**

Please do not leave your car at the hotel entrance. There are plenty of self-parking options available surrounding the hotel. Some available lots near the Hotel in downtown are listed below:

Lot A: 413 Rep John Lewis

Way South

(Cost: 2hrs: \$10, 4hrs: \$20, All

Day: \$30)

Lot B: 422 Rep John Lewis

Way South

(Cost: 2hrs: \$10, 4hrs: \$20, All

Day: \$30)

Lot C: 504 4th Avenue South

(Cost: 1hr: \$3, 2hrs: \$6, All

Day: \$15)





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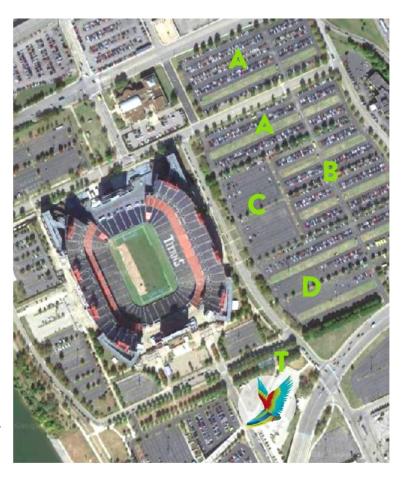
## **PARKING/TRANSPORTATION: Race Day**

Nissan stadium lots A, B, C, and D will be available for parking on race day. The parking fee is \$10 per car. We encourage participants to carpool and park in the above Nissan Stadium parking lots and walk to parking lot T for the race start line.

Please obey all posted no parking signs and restrictions and do not block driveways. Please note, we recommend arriving at least 1 HOUR prior to the start of the race to allow time to find parking and warm up.

#### **RIDESHARE**

Don't feel like trying to find parking? Call on Uber or Lyft to get you into the start line location at Nissan Stadium Parking Lot T on the race morning! Please use Shelby Ave. and South 2<sup>nd</sup> Street as your drop off location.



#### PARTICIPANTS STAYING AT MARGARITAVILLE HOTEL-NASHVILLE:

The start line is a 1-mile walk from the hotel to the Nissan Stadium Parking Lot T. Take a nice brisk walk on the morning of the race or grab a Bird scooter to get to the start line! Please make sure to give yourself enough time to arrive at the start line.

Walking Directions from the Margaritaville Hotel Nashville:

- Walk North on Rep. John Lewis Way S
- Turn right on Symphony Pl
- Keep walking on Symphony Pl until the road merges into the John Seigenthaler Pedestrian Bridge
- Walk through the John Seigenthaler Pedestrian Bridge

You will see the start/finish line straight ahead at the Nissan Stadium Parking Lot T.



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### **COURSE INFORMATION**



#### WATER AND AID STATIONS

One water station will be available along the 5K course providing 2 opportunities for refreshment. Water will also be available at the finish line. Please stay hydrated!

#### **TIMING**

All runners' bibs will have an official timing tag attached to the back. Please do not remove this tag from your bib. Your timing tag will activate and start once you cross the start line timing mats.

#### **TIME LIMIT**

The 5K has a course limit of 90 minutes. Any participant who has not arrived to the water station located at Davidson St. and S 14<sup>th</sup> St by 10:00am will be asked to utilize sidewalks in order to comply Nashville Police Department road closures and road re-opening timelines.

#### **5K WAVE START**

We will be utilizing a wave start for the start to accommodate the number of participants and limit congestion at the start and on the course. Your timing tag will activate and start once you cross the start line timing mats. Please line up at the start line in the pace accurate to your half marathon or 5K running pace – fastest to slowest.

"Fast" Pace: 6-8 min. per mile "Fit" Pace: 8-11 min. per mile "Fun" Pace: 11-15 min. per mile

Walkers and Strollers

Please be courteous and yield to faster runners on the course.

### OTHER IMPORTANT INFORMATION

#### **GEAR CHECK**

Gear check will be available for participants at the start/finish line area. Attach your gear check tag to your bag prior to drop off. You must show your bib number to retrieve checked bags. The race is not responsible for any lost or stolen items. Please travel light and leave valuables at home.

#### **RACE PHOTOGRAPHY**

All participants will have the opportunity to purchase digital race photos from Marathon Photos Live. Wear bibs on the outermost layer of clothing and smile as you cross the finish line. Bibs should be fully visible throughout the event. Marathon Photos Live will be there to capture the fun throughout race day! You will receive the download/purchase link for your pictures within 24 hours of completing your run. Please be sure to share your favorites on Facebook or Instagram and tag @MargaritavilleRun.

#### **RESULTS**

Results will be posted to <u>margaritavillerun.com</u> immediately following the event. For any results corrections, please email <u>info@margaritavillerun.com</u>.

#### **AWARDS**

All finishers will receive a medal! Overall Awards will be presented to top 3 Male/Female 5K winners at the awards ceremony presented by Margaritaville Hotel Nashville at 10:00 AM. Age group awards will be presented to the top three runners in each USATF recommended age group (14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+). Overall winners will be excluded from age group awards.

Age group award winners can pick up their award at the conclusion of the race from the awards table. If you are an age group winner, do not leave the event without picking up your award! Age group awards will NOT be mailed post event.

#### ST. SOMEWHERE CHALLENGE PIN

If you are enrolled in the St. Somewhere Challenge and eligible to receive the Nashville pin, please visit the Awards table after completing your 5K to pick up your extra flair!

#### **SPECTATORS**

Spectators may watch the finish lines for the 5K race from the Nissan Stadium Parking Lot T. Spectators must park in the same parking lots as runners on the race day.

#### **RAIN OR SHINE**

We plan to hold the event as scheduled rain or shine. In the event of lightning or dangerous weather conditions, race organizers and local safety officials may make decisions that could delay the start of the race. If we expect weather to impact the event more seriously, we will send an email to all participants and post a notice on the website advising you of our plans. Every effort will be made to conduct the race as scheduled.

#### **VOLUNTEER**

Encourage your friends and family to support you and your fellow runners on race day by becoming a volunteer. To sign up to volunteer, fill out our <u>online form</u>.



#### **POST RACE BEER & OFFICIAL AFTER PARTY**

All participants 21 and older can enjoy a free post-race beer courtesy of Landshark Lager! Simply bring your drink tag from your race bib and present it at Fins Bar or JWB Grill at Margaritaville Hotel Nashville anytime on Saturday or Sunday of race weekend!

PLUS – get your Nashville pregame warmup on at the official Margaritaville Run after-party at Fins Bar on Saturday from 5pm-7pm!

#### **CHARITY VACATION CONTEST AND CHARITY PIN**

Our friends at Margaritaville Island Reserve Inclusive want to reward one charitable donor with an all-expenses paid vacation to Margaritaville Island Reserve Cap Cana! Simply make a minimum \$25 donation to Singing for Change with your run to be entered to win. All donors at the \$25 level or higher will also be eligible to receive a special Singing for Change microphone pin to wear on the ribbon of their finisher medal to show their support! Want more chances to win? Simply donate more – each \$25 dollars in donation will provide one entry into the contest. Visit our website at MargaritavilleRun.com for raffle rules.





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### **OFFICIAL CHARITY**



The Margaritaville Run Nashville proudly supports the <u>Singing for Change Foundation</u> (SFC), a national charity with local impact. Singing for Change supports small nonprofits that help individuals become more self-sufficient and create positive change in their communities. SFC focuses on low-income communities and people living in poverty.

Donate \$10 or more and run with a special Singing for Change runner bib. Donate \$25 or more and receive a special microphone pin to add to your finisher medal to show your support. SFC Vanity bibs and microphone pins will be available for pick up at the Singing for Change booth at the packet pick up and race day morning.

#### SFC Nashville Beneficiary: Hands On Nashville

The SFC local beneficiary of the Margaritaville Run Nashville is <u>Hands</u> <u>On Nashville</u>.

Hands On Nashville (HON) is a volunteer resource center that connects volunteers to the organizations and causes they care about. Hands On Nashville's mission is to meet community needs through volunteerism. Volunteers can find projects to fit their interests and schedule through HON.org, where they can browse the opportunity calendar, virtual volunteer project page, long-term and skills-based project listings, and much more. For more information, visit <a href="https://www.hon.org">www.hon.org</a>.



#### Want to make an impact? Volunteer!

<u>Hands On Nashville</u> is your one-stop shop for volunteer opportunities in Nashville. <u>Browse the calendar</u> to find the perfect opportunity and sign up with one click. From gardening to animals to community events to helping refugees, there is a volunteer opportunity out there for you. <u>Sign up today!</u>



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### **THANK YOU TO OUR PARTNERS**

#### **Margaritaville Hotel Nashville**



Margaritaville Hotel Nashville is located in the vibrant downtown neighborhood of SoBro. Nestled near popular restaurants, attractions, trendy nightclubs, cocktail bars, and just steps from the Music City Convention Center and Bridgestone Arena.

Revel in the spirit of Margaritaville in the heart of historic Nashville, and "live life like a song."

#### **Landshark Lager**

Landshark Lager is an award winning, refreshing, island-style lager brewed with a complex blend of hops that deliver a distinct taste that transfers drinkers to an island escape.



Landshark Lager, It's 5" o'clock somewhere!

#### Margaritaville Island Reserve Inclusive®



Located in beautiful beachfront destinations such as the Riviera Maya and Cap Cana, DR, Margaritaville Island Reserve Inclusive® offers gourmet and immersive dining experiences, premium drinks, luxury accommodations, daily and nightly entertainment, personalized service, and more included with your stay!

#### **Easy Day Sports**

Headquartered in Coronado, CA, Easy Day Sports is a dynamic event production agency that focuses on premier, professionally managed endurance sports events.



